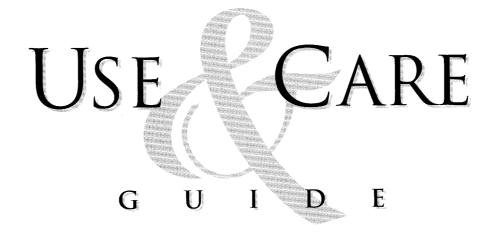
7 0 0 S E R I E S





NTRODUCING THE 700 SERIES

Integrated Refrigeration

The Sub-Zero 700 Series brings you true innovation! It is the first *integrated systems approach* to domestic refrigeration, offering you three significant advantages.

- Integrated systems refrigeration gives you the choice of proportion ... of refrigeration to freezer temperatures to meet your needs. Storage below counter height level is a drawer, while storage above the counter is a cabinet. The ergonomic division of space increases your access to storage areas.
- Integrated systems refrigeration gives you the choice of location of refrigeration units throughout your kitchen and home. This helps you meet your individual needs for the way you use refrigeration within your home.
- Integrated systems refrigeration gives you total aesthetic integration with cabinets you have chosen. Refrigeration units, in essence, are refrigeration cabinets. They literally become a part of the kitchen furniture.

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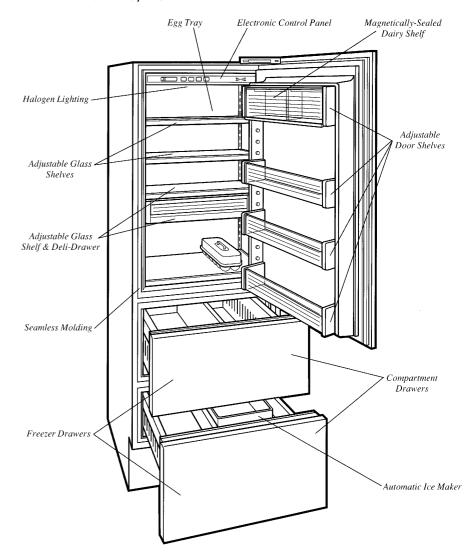
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COMBINATION UNIT

Your Sub-Zero 700 Series unit is protected by a warranty that is second to none. Please read it and keep this book as a reminder of the excellent protection it gives you. See page 26 for the warranty.

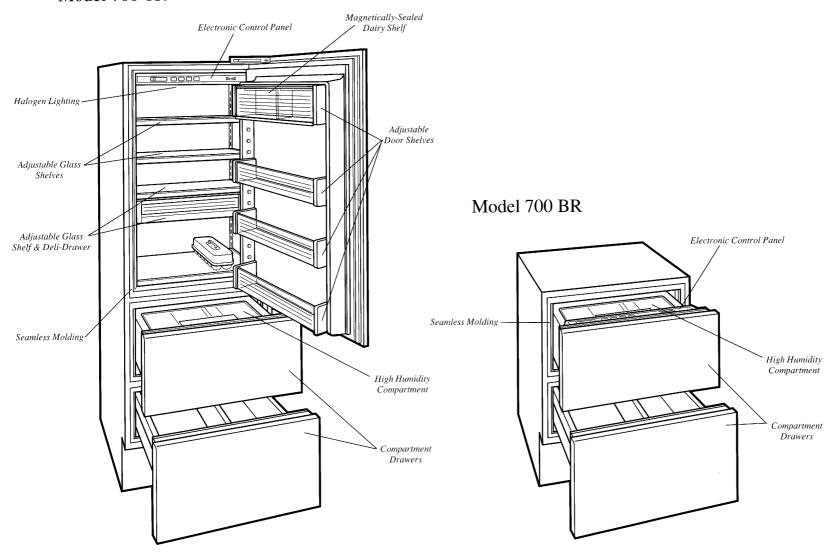
This use and care book is meant to answer most of the common questions you may have about the general operation of your 700 Series unit. If you have any questions that need further addressing please call (800) 222-7820 for your local product distributor or Sub-Zero, or e-mail us at customerservice@subzero.com.

Model 700 TC/TCI



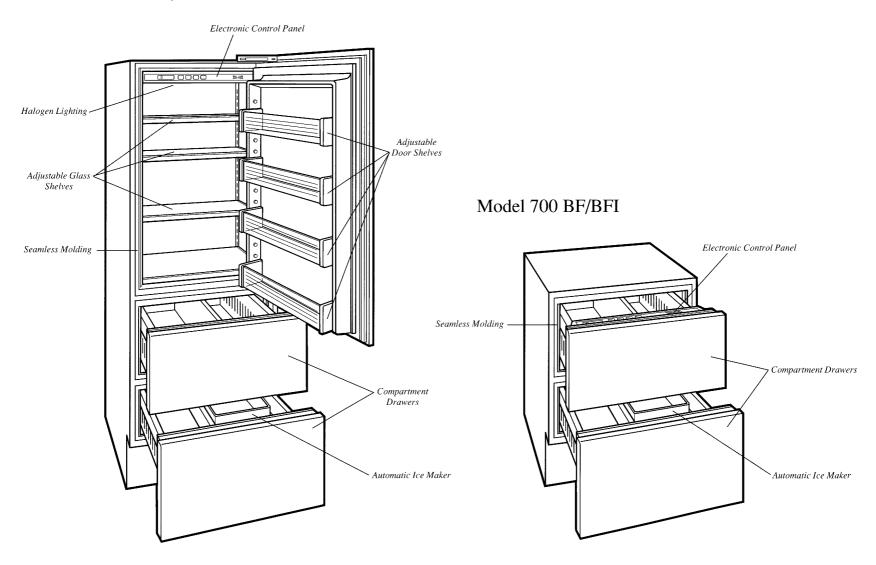


Model 700 TR





Model 700 TF/TFI



FEATURES OF THE 700 SERIES

Sub-Zero's tradition of integrated design and quality continues in the 700 Series, with the following standard features.

Seamless Molding

A single piece of molding forms the complete front of each unit's interior, giving a sculptured look that is both utilitarian and elegant.

Electronic Control Panel

A microprocessor controls all electronic functions ... temperature, adaptive defrost, lights, cooling fan, and door/drawer ajar warning. The liquid crystal display (LCD) lets you monitor all temperature zones on the unit, and easily make adjustments.

Halogen Lighting

Flat to the ceiling, this superior lighting provides white, efficient light in cabinet and drawer units.

Dairy Shelf

A positive-sealing dairy compartment, divided by a small internal wall, is standard on tall refrigerator and combination units. This fully adjustable compartment is a convenient place for deli foods and small items that need a fresh environment.

Adjustable Shelves

A single sculptured molding, with tempered glass molded into it, forms each sealed, adjustable shelf. This design feature prevents spills from dripping throughout the unit.

High Humidity Compartment

An interchangeable lift-up cover provides for maximum humidity in the base and tall refrigerator units, helping you keep produce at its best quality, longer.

Ice Container

This clear, molded container is easily removable from the lower drawer. It is offered as an option on the base and tall freezer units, as well as the combination unit.

Deli Drawer

This enclosed compartment in the tall refrigerator and combination units is adjustable with the shelves. It gives you a convenient area for deli foods or other small items.

Egg Tray

A portable egg tray offers handy storage and is easily removable. It's provided with the tall refrigerator and combination units.

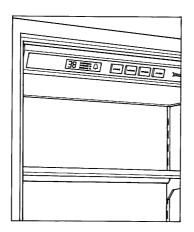
USING YOUR SUB-ZERO UNIT

The Electronic Control System

The sophisticated electronic control system provides you with the best control of your refrigerated foods. By maintaining recommended refrigerator and freezer temperatures, you can keep food safe and retain the best quality possible.

A microprocessor accurately controls the temperature of the cooling zones. It samples the temperature every second, and makes adjustments to maintain the temperature you have indicated.

The control panel is located on the top of the tall units, and in the top drawer of the base. All of the essential controls and information are displayed in this easy-to-reach-and-see panel.



Tall unit control panel

LCD Display

This display shows the actual temperature of different zones in your unit. The temperature and name of each corresponding zone appear every five seconds.

Zone Button

By pressing this button, you can see the temperatures set in different zones of your unit. For example, if you press this button and the words "top drawer" are flashing, you will see the temperature of that zone displayed.

Colder Button

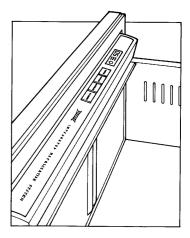
This button allows you to decrease the temperature of a selected zone.

Warmer Button

Similar to the colder button, you can raise the temperature in any zone by pressing this button.

Alarm Button

You can turn the alarm on or off with this button, or stop it with this control once the alarm has sounded. When the alarm is activated, the bell symbol in the LCD will be visible.



Base unit control panel

How to Adjust Temperatures

If you need to adjust the temperature in any area of the unit, press the *zone button*, until the name of the zone you want to adjust is flashing. If you do not adjust the temperature within five seconds, the control panel will automatically go out of the set mode and continue to monitor the unit.

To decrease the temperature

When the selected zone is displayed, you can decrease the temperature in that zone by one degree each time you press the *colder button*. For example, if you have selected the "cabinet" zone and a temperature of 38°F is displayed, you can decrease the temperature by pressing the colder button two times.

To increase the temperature
Similar to the decrease temperature instructions, you can increase the temperature by one degree each time you press the warmer button for the zone you have selected.

Recommended Temperature Settings

Refrigerator units are factory pre-set to maintain zones 38° Fahrenheit. The temperature range is 34°F to 45°F.

Freezer units are factory pre-set to maintain zones at 0° Fahrenheit. The temperature range is -5°F to +5°F.

To use the integrated system efficiently, set temperatures to decrease from the top cabinet to the lower drawer. A suggestion that offers great flexibility is ...

• cabinet 38°F

• upper drawer 35°F

• lower drawer 32°F

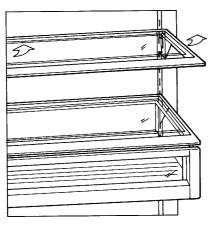
How to Operate the Alarm

When your alarm is *on*, the alarm bell will be illuminated on the control panel. To turn the alarm *off*, press the alarm button one more time to make the bell disappear from the display.

SING YOUR SUB-ZERO UNIT

Shelves

You can remove or adjust the tempered glass shelves by tilting the shelf *up* at the front, then lifting *up and out of the tracks* on rear wall of the refrigerator or freezer, as shown in the diagram.



Glass shelf removal

To clear the door shelves, lift and tilt the right end of the shelf up, and tilt the left end down. Then lift out the shelf, clearing

A CAUTION

the unit's door shelves.

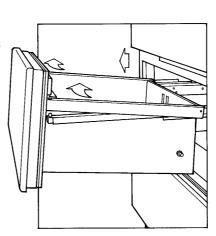
Always exercise care when you handle the glass shelves, to prevent breakage or scratching the interior.

To replace shelves, select the desired shelf height. Then, with the shelf front raised slightly, place shelf in tracks at the rear of the unit. Lower the front of the shelf until it locks into position.

Drawers

To remove a drawer from your unit, pull it open until it stops. Raise the drawer front and pull out, as shown in the diagram.

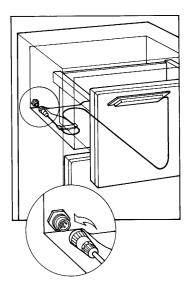
To replace a drawer, raise the front of it and place onto the tracks. Be sure to engage the front holes of the drawer rail with the small pegs at the end of each rail.



Drawer removal

A CAUTION

Where you are removing the top drawer of a base unit, you must disconnect the control cable before removing the drawer as shown in the diagram below.



Control cable disconnection

High Humidity Compartment

One lift-up cover is standard with each tall and base refrigerator. You can easily remove this cover for cleaning or moving to another drawer by lifting the front edge up and pulling out from the back.

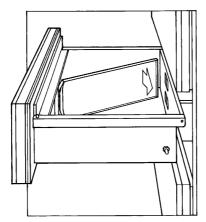
The clear-view window allows easy access and visibility of all vegetables stored in the drawer.



Lift-up cover removal

Drawer Divider

The drawer divider is easily removed by pulling forward and sliding the back edge away from the back of the drawer. Reverse the procedure as illustrated in the diagram for installation.



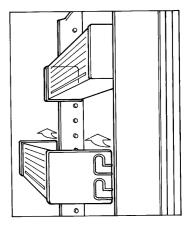
Drawer divider insertion

Door Shelves and Dairy Compartment

The door shelves and dairy compartment are adjustable within the guides of the door liner.

To remove, lift straight up and out from the bottom.

To replace, select a desired position and push down into the guides.



Door shelf removal

MSING YOUR SUB-ZERO UNIT

Deli-Drawer and Shelf

Glass Tray

Ice Maker

Sounds

The one piece deli-drawer and shelf assembly is easily removed for cleaning and repositioning for your use. The small deli-drawer is convenient for those small easy-to-lose items as well as to keep deli items fresh.

Remove this assembly in much the same way you remove the standard shelves in your unit. See the instructions and diagram under "Shelves".

Tall Units

The glass tray, with tall units only, is packed on the top shelf of your Sub-Zero. Place this shelf on the bottom portion of the top cabinet area. It is necessary to have this glass installed properly to ensure an even flow of air through the 700 Series unit.

IMPORTANT NOTE: Do not place food or packages close to the edges of the walls.

Freezer Units

The ice maker in your Sub-Zero is fully automatic and has been factory pre-tested. To put into operation it requires only a connection to the house water supply. The ice maker shuts off when you remove the ice storage container from the freezer. When you replace the container, the ice maker will resume producing ice.

IMPORTANT NOTE: When you fill the first ice bucket with ice, you should toss this supply out. In any new connection, there may be dirt in the ice.

Certain noises may be evident with the normal operation of the unit. Surrounding acoustics like walls, floors and cabinets may affect the sound level of your unit.

GENERAL MAINTENANCE

Cleaning

Like all kitchen appliances, it is necessary to keep your 700 Series unit clean to ensure a smoother operating unit and keep food safe. Clean any spills on the interior with a mild solution of soap and warm water. Do not use abrasive cleaners as these may scratch interior surfaces.

Condenser

A WARNING

For maintenance and cleaning, we recommend the circuit breaker or master power switch to the unit be shut off.

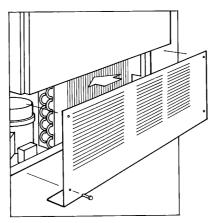
IMPORTANT NOTE: To ensure efficient performance of your 700 Series unit, your condenser must be cleaned regularly. Clean it every three months under normal use. To clean the condenser area, remove the screws holding the toe kick in place. The toe kick plate will slide forward easily, giving you access to the condenser area. Use a soft bristle brush and vacuum hose to remove the accumulation of dust and lint particles. If you have pets in your home, you may want to clean the condenser area more often than once every three months.

Shelves

All refrigerator and freezer compartment glass shelves are dishwasher safe and may be cleaned in this manner. However, you can also clean them with a mild solution of soap and warm water. Rinse and dry thoroughly.

A CAUTION

Do not submerge or pour hot water over cold glass shelves. Allow them to come to room temperature before cleaning. Extreme temperature may cause the glass to break.



Condenser location

GENERAL MAINTENANCE

Lighting Information

You will quickly notice the absence of any light switches on your 700 Series unit. In the upper cabinet portion of a tall unit, the switch is mounted to the interior of the door itself and as it passes a point in closing, it breaks a circuit enabling the light to go out.

Switches in the drawer compartment are mounted on the right side of the drawer area. In some instances the drawer switch may interfere with the safe closing of a drawer. If this occurs, merely move the switch to the raised position and try closing the drawer again. *Do not force the drawer to close.*

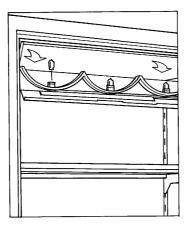
Light Bulb Replacement

A CAUTION

For your safety, the circuit breaker to the unit should be shut off or turn off the master power switch before replacing bulbs. Protective gloves should be worn when handling bulbs.

Top Compartment

If you need to replace a 35 watt halogen light in the tall unit's top cabinet, you must open the control panel area.



Light bulb replacement in tall unit's top cabinet.

Do not pull the panel down from the center. Instead, grasp the edges of the control panel and pull down. Two tabs on each corner will release, enabling the panel to drop down.

A WARNING

The halogen lights may be very hot and may burn you.
Use a soft cloth or protective gloves. Grasp the bulb firmly and pull straight up.

Follow the reverse steps in replacing the bulb and positioning the control panel.

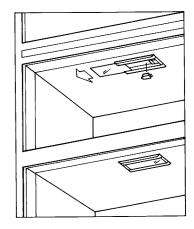
Drawer Compartment

To replace a light bulb in the drawer compartment, you must pull the drawer out to its maximum extension. You may find it easier to remove the entire drawer. Refer to page 10 for drawer removal procedures.

Slide the glass lens to the left, revealing the 20 watt halogen light bulb. Remove the bulb by pulling straight out and complete the reinstallation by following the reverse of these steps.

A WARNING

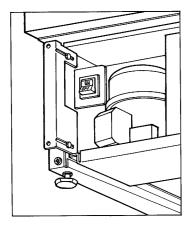
To prevent a possible burn, grasp the bulb with a soft cloth or protective gloves.



Light bulb replacement in drawer compartment.

Master Power Switch

All 700 Series units have a master power switch. The switch, located behind the toe kick plate, will turn off all electrical power to the equipment. This switch can be used for shutting down the unit for servicing or extended vacations.

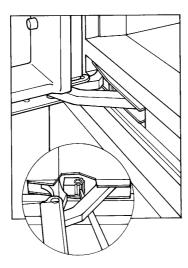


Master power switch.

90 Degree Door Stop

Your tall 700 Series unit is equipped with a built-in 90 degree door stop for the top compartment.

You can easily actuate the stop by using a blade-type screwdriver and advancing the brass fitting in both the top and bottom hinges.



Actuating the 90° degree door stop.

You must actuate both stops at 90 degrees if you want to safely use the door.

You can go to the maximum of 119 degree opening by using the screwdriver and advancing the brass cam to the next stop.

A WARNING

The door swing on the tall 700 Series unit may cause severe finger pinching or damage to the unit. Watch that fingers are not placed in the door opening on the hinge side when the door is open.

Also, when the door is open to 119 degrees, the door panel, depending on its thickness, may strike the face frame of the Sub-Zero unit causing serious damage.

Vacation Time

For extended vacations, either turn off your Sub-Zero or shut off the circuit breaker. Empty all contents in the unit and block the doors open slightly. A one inch space is sufficient for letting fresh air in to keep the interior dry.

During short vacations, you should remove all perishable items and leave the temperature settings at their set point.

If for any reason this unit is put into service on a temporary basis, and later shut off, the doors should be blocked open to allow fresh air to circulate with the compartments. Also, the circuit breaker to the unit should be shut off.

ROUBLESHOOTING

If refrigerator/freezer is not operating –

- Is there electrical power to equipment?
- Is home fuse blown or circuit breaker off?
- Is refrigerator/freezer control off?
- Is your condenser clean?
- If still not running, unit may be in defrost; wait 30 minutes to see if unit will restart.

If refrigerator/freezer is warmer than usual-

- Is control set properly?
- Has door been open too long?
- Have you recently added a large quantity of food?

If refrigerator/freezer runs too much-

- Is condenser clean?
- Has door/drawer been open for extended time or large amounts of food added?

If refrigerator/freezer is frosted up-

- Has door been left open?
- Are doors closing and sealing properly?

If condensation forms inside the unit-

 This is normal during high humidity and frequent door openings.

If condensation forms on the outside-

• Be sure door/drawer is closed and gasket is sealing.

If there is odor in the unit-

- Completely clean the product.
- Cover all food tightly.

If light bulb needs replacing –

AWARNING

Turn off circuit breaker to Sub-Zero, wear gloves to protect against broken glass or burns.

LCD display board warnings –

- If the following numbers of flashing words appear in the LCD display board, you should keep the door/drawer closed as much as possible and call your Sub-Zero service center for assistance.
- 20 displayed and indicator flashing
- 55 displayed and indicator flashing
- Su displayed and top lights off
- -88 displayed, top lights off and buttons do not operate
- buttons do not operate and top lights are off

EEPING FOOD AT ITS BEST

Keeping Food Fresh

Your Sub-Zero unit is the most advanced refrigeration system available to keep food fresh and safe to eat. But the quality and safety of your food also depends on how you handle it.

The information in this section gives you the most up-to-date handling and storage recommendations to help you keep food at its best. If you have specific questions that are not addressed here, contact your University or County Extension Service, or your local utility company.

Most food inevitably deteriorates over time. From the very beginning until it is consumed, food undergoes changes. Microorganisms get into food, multiply and cause spoiling. Enzymes that occur naturally in food continue the ripening process even after the food is harvested. Improper temperatures cause food to deteriorate faster. Changes in humidity cause wilting and shriveling that can lead to spoiling.

Sub-Zero's exclusive dual refrigeration system is specifically designed to combat these changes, and keep your food fresh longer. Both refrigerator and freezer maintain accurate, consistent temperatures and proper humidity levels tailored to your home. Dual refrigeration eliminates transfer of fresh food odors to frozen food or ice, and does not freeze the moisture out of the air in the fresh food compartment.

In addition, good handling practices can minimize the rate of changes in food...

- Follow the recommended storage times and temperatures in this guide. Your Sub-Zero unit helps to slow the ripening process by tailoring temperatures to each compartment as needed.
- Use specially designed compartments for dairy foods, deli foods and fresh produce.

 These compartments maintain temperature and humidity levels that keep specific food groups fresh.
- Rotate food in refrigeration units, using a "first-in, first-out" system.

- When food does spoil, it's usually obvious. It becomes moldy, has an off-odor, looks rotten or discolored. But there are times when spoiling may not be so apparent. If you think a food has been stored too long, discard it. Don't taste it to check if it's okay.
- While the bacteria that cause food spoilage will not cause food-borne illness or food poisoning, taste tests are not a good idea.

Keeping Food Safe to Eat

Most food borne illness is caused by bacteria such a staphylococcus, salmonella, e coli and botulism. These bacteria grow rapidly at temperatures between 45°F and 140°F, a range that's called the Danger Zone. Never leave food in the danger zone for more than two hours. When the bacteria have multiplied to the millions in warm temperatures, they cause illness. Some bacteria cause flu-like symptoms, while others cause serious illness or even death. Young children, the elderly and people who are already ill are more likely to become sick from food poisoning.

To reduce your risk of food borne illness, use the following techniques to keep your food safe to eat:

When You're Shopping

- Place packages of raw meat, seafood or poultry in plastic bags to keep them from dripping on other foods.
- Shop for meat, seafood and poultry last. Don't leave these foods in a hot car when you've finished shopping. Take along a cooler in hot weather or when you have to travel long distances.
- Check "use by" and "sell by" dates on foods to make sure they're fresh. Use extra care when buying deli food. Buy only the amount you will use in 1-2 days. Discard hot or cold deli food that has been at room temperatures for more than two hours.

When You Store Food

- Monitor temperatures of refrigeration zones on the electronic control panel of your Sub-Zero unit. Keep the refrigerator temperature at 45°F or below, and freezer temperature at 0°F.
- Follow the recommended refrigerator and freezer storage times and temperatures in this guide.
- Store raw meat, poultry and seafood separate from other foods. Keep juices from these packages from dripping on other food.

- Never taste food that looks or smells strange to test its freshness. Discard it.
- For refrigerator storage, leave raw meat, poultry and seafood in its original wrapper unless it is torn. Repeated handling can introduce bacteria to these foods. For freezer storage, use freezer wrap, freezer-quality plastic bags or aluminum foil over the commercial wrap if foods will be stored in the freezer for more than a couple of months. This minimizes dehydration and quality loss.

REPING FOOD AT ITS BEST

- Wrap food stored in the refrigerator unit in foil or plastic wrap, or place it in plastic bags or airtight containers to keep it from drying out. Date all packages.
- Wrap food stored in freezer units in freezer wrap, or place it in freezer-quality plastic bags or containers. Single layers of aluminum foil may tear and cause freezer burn.

When You Prepare Food

- Clean everything that comes in contact with food.
- Wash your hands for 20 seconds before and after handling food.
- Sanitize counters, equipment and utensils after handling raw meat, seafood or poultry.
 Rinse with a dilute chlorine bleach solution, one teaspoon to a quart of water.
- Use clean kitchen towels, sponges and cloths. Replace sponges every few weeks.
- Use disposable plastic gloves if you have an infected cut or burn on your hands.

- Thaw food in the refrigerator or microwave oven, not on the counter. When you thaw food in a microwave oven, cook it immediately.
- Marinate food only in the refrigerator.
- Rinse poultry and seafood in cold water before cooking.
- Avoid cross-contamination in preparing food. Keep raw meat, poultry and seafood and their juices away from other food. For example, don't use the same surface and utensils for preparing raw meat, poultry and seafood that you use for preparing salad ingredients.

- Thoroughly clean your plastic and wooden cutting boards.
- Wash with hot water and soap, and rinse with a diluted chlorine bleach solution of 1 teaspoon to a quart of water.

When You Cook Food

- Don't taste raw or partially cooked meat, poultry, eggs or fish.
- Cook meat to an internal temperature of 165°F or above, poultry to 180°F or above. For cuts more than two inches thick, use a meat thermometer to check the temperature. For thinner cuts, clear juices (not pink) are a sign of doneness.
- If you are cooking frozen meat or poultry that has not been defrosted, increased the cooking time to 1 1/2 times the time required for thawed items.

- Roast meats or poultry in oven temperatures of 325°F or above.
- Cook eggs until the yolk and white are firm, not runny.
- Don't use recipes in which eggs remain raw or partially cooked.
- If your microwave has a temperature probe, use it.
 Check temperatures of meat and poultry in at least three spots. Rotate foods during microwaving.

When You Have Leftovers

- Refrigerate or freeze cooked leftovers in small, covered containers within 2 hours after cooking. Make sure there is adequate air space around the containers so that food can cool down quickly.
- Remove the stuffing from meat or poultry and store it separately.
- Date packages of leftovers and use within a safe period of time.

- Cover and reheat leftovers thoroughly before serving.
- Bring sauces, soups and gravy to a boil. Heat other foods to 165°F.
- If you think food may be spoiled, discard it. When in doubt, throw it out.

KEEPING FOOD AT ITS BEST

Fresh Food Storage Suggestions

Shelf life of fresh foods varies depending on how fresh it is when you buy it. To keep your food fresher longer, follow the recommended storage tips.

- *Vegetables:* Wash vegetables in cool water and drain. Store in air-tight containers or plastic wrap. Vegetables do well in high-humidity storage.
- *Fruits:* Wash and dry fresh fruits. Store more aromatic fruits in plastic bags. Fruits do well stored in low humidity.
- Prepackaged Meats: Store in original packaging. After opening, rewrap tightly in plastic wrap or aluminum foil.

- Fresh Meats, Fish and Poultry: Remove store wrappings, then rewrap in plastic wrap, foil or waxed paper and refrigerate immediately.
- *Eggs:* Store eggs unwashed in their carton or a portable egg tray. Use within 2 weeks.
- *Milk*, *Cream*, *Cottage Cheese*: Keep carton closed. Store on refrigerator shelf and use within 5 days.
- Cheese: Store in original packaging until ready to use.
 After opening, rewrap tightly in plastic wrap or aluminum foil.
- Leftovers: Let cool and cover tightly with plastic wrap or foil. Airtight plastic containers work well to prevent drying out and odor transfer.

Frozen Food Storage Suggestions

- *Freezer Storage:* Wrap foods in material designed for frozen food storage. The wrap must seal out air and moisture. Do not refreeze thawed meats.
- *Ice Cream:* The firmness of the ice cream will depend on its cream content. Higher quality ice creams usually have a higher cream content requiring colder freezer temperatures to maintain their firmness. Soft ice cream is not always an indication of a temperature problem.

A Final Note...

Make sure your refrigerator and freezer doors close freely and completely. Overloading will affect temperatures inside the unit. Do not fill your freezer with large quantities of unfrozen foods expecting them to "fast freeze." Give the freezer ample time to circulate cold air around unfrozen items before adding additional items.

Meat, Fish, Poultry		Recommended storage	Approximate storage life at	Recommended	
Food	Form	temperature in degrees F	refrigerator temperatures	storage time in freezer at 0°F	Comments
Fresh Fish	cod, flounder, haddock, sole	32	2 days	6 months	Freeze in original wrap up to 2 weeks. Use
and Seafood	bluefish, perch, mackerel, salmon	32	2 days	2-3 months	freezer wrap, freezer-quality plastic bags, or
	shrimp	32	4 days	5-9 months	aluminum foil over the commercial wrap if foods
	oysters	32	1 day	4 months	will be frozen for more than a couple of months.
Fresh Meat	beef steaks, roasts	32-35	3-5 days	6-12 months	Freeze in original wrap up to 2 weeks. Use
	lamb chops, roasts	32-35	3-5 days	6-9 months	freezer wrap, freezer-quality plastic bags, or
	pork and veal chops, roasts	32-35	3-5 days	4-6 months	aluminum foil over commercial wrap if foods will
	variety meats (tongue, liver, etc.)	32-35	1-2 days	3-4 months	be stored in the freezer for more than two months.
Hamburger,	hamburger, stew meats, ground turkey,	32-35	1-2 days	3-4 months	Freeze in original wrap up to 2 weeks. Use
Ground and	veal, pork, lamb, and mixtures				freezer wrap, freezer-quality plastic bags, or
Stew Meats					aluminum foil over commercial wrap if foods will
					be frozen for more than a couple of months.
Hotdogs and	hotdogs, opened package	32-35	1 week	in freezer wrap,	Check "sell by" dates. Do not use more than one
Lunch Meats	unopened package	32-35	2 weeks	1-2 months	week after this date.
	lunch meats, opened package	32-35	3-5 days		
	unopened package	32-35	2 weeks		
Bacon and Sausage	bacon	32-35	7 days	1 month	Keep wrapped, store at recommended
zaren ana sanang	sausage (pork, beef, turkey), raw	32-35	1-2 days	1-2 months	refrigerator temperatures.
	smoked breakfast links, patties	32-35	7 days	1-2 months	
	hard sausage - pepperoni, jerky sticks	32-35	2-3 weeks	1-2 months	
Ham and	corned beef	32-35	5-7 days	1 month	For freezer storage, drain juices.
Corned Beef	ham, whole	32-35	7 days	1-2 months	
J	ham, half	32-35	3-5 days	1-2 months	
	ham, slices	32-35	3-4 days	1-2 months	
Fresh Poultry	chicken or turkey, whole	32-35	1-2 days	1 year	Freeze in original wrap up to 2 weeks. Use
1	chicken or turkey, pieces	32-35	1-2 days	9 months	freezer wrap, freezer-quality plastic bags, or
	duck or goose	32-35	1-2 days	6 months	aluminum foil over commercial wrap if foods will
					be stored in the freezer for more than two months

SEEPING FOOD AT ITS BEST

Fresh Fruits	Recommended storage temperature in degrees F	Approximate storage life at refrigerator temperatures	Recommended storage time in freezer at 0°F	Comments
apples apricots asian pears avocados blackberries blood oranges blueberries cantaloupe cassavas cherries, sweet clementines cranberries figs, fresh grapefruit grapes guavas honeydew kiwifruit kumquats lemons limes lychees mangoes nectarines oranges papayas peaches pears persimmons pineapple plums/prunes pomegranates quinces raspberries	34-40 34 34 40 34 40-44 34 36-40 34 40 36-40 34 40-50 45-50 34 40 50-55 48-50 35 50 34 34-48 45-55 34 34 34 34 40 34 34 34	3-6 months 1-2 weeks 5-6 months 2-4 weeks 2-3 days 3-8 weeks 10-18 days 10-14 days 1-2 months 2-4 weeks 2-4 weeks 2-4 months 7-10 days 4-6 weeks 8-12 weeks 2-3 weeks 3-4 weeks 2-4 weeks 2-4 weeks 1-5 months 3-5 weeks 2-4 weeks 2-4 weeks 2-4 weeks 2-3 weeks 2-3 weeks 2-4 weeks 2-4 weeks 2-5 weeks 2-6 weeks 2-7 weeks 2-8 weeks 2-9 weeks 2-9 weeks 2-9 weeks 2-10 weeks 2-10 weeks 2-10 weeks 2-11 weeks 2-12 weeks 2-20 weeks 2-3 weeks 2-3 weeks 2-3 weeks 2-3 weeks 2-3 weeks 2-3 months 2-5 weeks 2-3 months 2-3 months 2-3 months 2-3 days	See food preservation books/guides for complete instructions on freezing fruits.	Wash and dry most fruits, store in crisper compartment. (Do not wash berries and cherries until you are ready to use them, however.) Fully ripe fruits should be stored in the refrigerator at recommended temperatures, to slow down the ripening process. Unripe fruits should be left to ripen at room temperature, in a container that allows for air circulation. To hasten the ripening process, you can place unripe fruit in a paper bag that has holes poked in it. Close the bag and set it on a counter. The fruit will produce ethylene, a gas that initiates the ripening process. Check the bag each day. Most fruits should be stored in lower humidity. Discard any fresh fruits that are moldy or have other signs of spoilage, and wipe out the refrigerator compartment. See page 32 for a list of ethylene sensitive and ethylene producing vegetables and fruits. Vindicates fruit that is sensitive to chill injury, a cause of spoilage. Damage may not be apparent until the fruit is returned to a warmer temperature.
raspberries rhubarb strawberries tangerines watermelon	34 34 34 40 45-55	2-3 days 2-3 weeks 5-10 days 2-4 weeks 2-3 weeks		

Fresh Vegetables	Recommended storage temperature in degrees F	Approximate storage life at refrigerator temperatures	Recommended storage time in freezer at 0°F	Comments
anise	34-36	2-3 weeks	See food preservation	Wash vegetables in cool water and drain. Store in
artichokes	34	1-2 weeks	books/guides for	air-tight container or plastic wrap.
asparagus	34-35	2-3 weeks	complete instructions	
✓ beans, green/snap and lima	40-45	10-14 days	on freezing vegetables.	Most vegetables should be stored in higher humidity.
bean sprouts	34	7-9 days		
beets	34	3-5 months		See page 32 for a list of ethylene sensitive and
belgian endive	36-38	2-4 weeks		ethylene producing vegetables and fruits.
bok choy	34	3 weeks		
broccoli	34	1-2 weeks		Discard any fresh vegetables that are moldy or have
brussels sprouts	34	3-5 weeks		other signs of spoilage, and wipe out the refrigerator
cabbage	34	3-6 months		compartment.
carrots	34	1-5 months		
cauliflower	34	3-4 weeks		For fresh-cut produce, follow storage directions
celeriac	34	6-8 months		on package.
celery	34	2-4 weeks		
chinese broccoli	34	10-14 days		✓ indicates vegetables that are sensitive to chill
chinese cabbage	34	2-3 months		injury, a cause of spoilage. Damage may not be
corn, sweet	34	4-6 days		apparent until the vegetables are returned to a
✓ cucumbers	45-50	1-2 weeks		warmer temperature.
daikon	34	4 months		
✓ eggplant	45-50	1-2 weeks		
endive/escarole	34	2-3 weeks		
garlic	34	3-6 months		
✓ginger root	55	6 months		
horseradish	34	10-12 months		
jerusalem artichokes	34			
✓iicama	55-65	4-5 months		
kale	34	1-2 months		
kohlrabi	34	10-14 days		
leeks	34	2-3 months		
lettuce	34	2-3 months		
mushrooms	34	2-3 weeks		
✓okra	45-50	1-2 weeks		
onions, bulb	34	1-6 months		
onions, green	34	7-10 days		
parsley	34	1-2 months		
parsnips	34	4-5 months		
peas, pods and shelled	34	7-10 days		
✓peppers, bell	45-50	12-18 days		
peppers, chile	45-50	2-3 weeks		
potatoes	40-50	2-4 months		

REPING FOOD AT ITS BEST

More Fresh Vegetables	Recommended storage	Approximate storage life at	Recommended		
Form	temperature in degrees F	refrigerator temperatures	storage time in freezer at 0°F	Comments	
✓ pumpkins radicchio radishes romaine rutabagas salsify shallots snow peas spinach ✓ squash, summer squash, winter ✓ sweet potatoes ✓ tamarillos ✓ tomatoes (ripe) turnips water chestnuts	38-55 34 34 34 34 34 34 34 40-50 50-55 55-60 37-40 34-40 34	3-4 months 2-3 weeks 3-4 weeks 2-3 weeks 4-6 months 2-4 months 6 months 1-2 weeks 1-2 weeks 1-2 weeks 3-5 months 4-7 months 2 months 3-4 weeks 4-5 months 1-2 months	See food preservation books/guides for complete instructions on freezing vegetables.	✓ indicates vegetables that are sensitive to chill injury, a cause of spoilage. Damage may not be apparent until the vegetables are returned to a warmer temperature.	
water chestnuts watercress	34-36	2-3 weeks			

Suggested Food Storage

Food safety ... food quality

The food storage charts on pages 29-32 give you specific information to help you keep food safe and keep it at its best quality. The recommended storage temperatures will help you provide *optimal* storage conditions, to help you keep food at it best quality longer. As a general rule, food that requires refrigeration that is handled properly and kept at temperatures below 45°F will be safe to eat.

Storing food at temperatures below 45°F keeps it out of the Danger Zone.

The storage times for refrigeration will help keep food from spoiling or becoming dangerous to eat.

The time limits for frozen foods are to maintain flavor and texture ...if food is kept longer than the recommended time in the freezer, it will still be safe to eat, but the quality won't be as good.

Ethy lene

Some fruits and vegetables will produce ethylene, a gas that initiates the ripening process. Ethylene can cause premature ripening in some foods, while in others, it can actually cause damage. To reduce unnecessary spoilage of your produce, do not store ethylene producing fruits and vegetables with those that are sensitive to it.

Don't store ethylene producers	with foods that are sensitive to ethylene
apples	unripe bananas
apricots	green beans
avocados	belgian endive
ripening bananas	broccoli
cantaloupe	brussels sprouts
cherimoyas	cabbage
figs	carrots
guavas	cauliflower
honeydew	chard
kiwifruit	cucumbers
mamey sapote	eggplant
mangoes	unripe kiwifruit
mangosteen	leafy greens
nectarines	lettuce
papayas	okra
passion fruit	parsley
peaches	peas
pears	peppers
persimmons	spinach
plantains	squash
plums	sweet potatoes
prunes	watercress
quince	watermelon
tomatoes	

Eggs and Deli Foods		Recommended storage	Approximate storage life at	Recommended	
Food	Form	temperature in degrees F	refrigerator temperatures	storage time in freezer at 0°F	Comments
Eggs	fresh, in shell hardcooked liquid pasteurized or egg substitutes- opened unopened	32 32-35 32-35 32-35	3 weeks 1 week 3 days 10 days	don't freeze don't freeze well don't freeze 1 year	Keep fresh eggs refrigerated. Don't eat hard-cooked eggs that have been at room temperature for more than two hours.
Deli Foods	thinly sliced lunch meats egg, chicken, tuna, ham, macaroni salads pre-stuffed chops, chicken breasts store-prepared convenience meals	32-35 32-35 32-35 32-35	1-2 days 3-5 days 1 day 1-2 days	these do not freeze well	Check use-by or sell-by dates If you are going to freeze any of these foods, freeze immediately not after they have been held in the refrigerator.
Milk, Chees	butter cheese-cottage or ricotta cream cheese natural (cheddar, brick, etc.) process cheese grated Parmesan or Romano yogurt whole, lowfat or skim milk	32-35 32-35 32-35 32-35 32-35 32-35 32-35 32-35	3 months 1-2 weeks 2 weeks 3-6 months 3-4 weeks 1 year 1 month 1-2 weeks	1 year 4 weeks 6-8 months 6-8 months	Check sell-by dates. Store cheese in original packaging until ready to use. After opening, re-wrap tightly in plastic wrap or aluminum foil. Thaw frozen cheese in the refrigerator to reduce crumbling.
Leftovers, S	cooked meat and meat dishes gravy and meat broth	32-35 32-35	3-4 days 1-2 days	2-3 months 2-3 months	Refrigerate or freeze leftovers in covered shallow containers within 2 hours after cooking. Reheat leftovers to 165°F.
Leftover Cooked Poultry	fried or plain pieces of chicken cooked poultry dishes pieces covered with broth, gravy chicken nuggets, patties	32-35 32-35 32-35 32-35	3-4 days 3-4 days 1-2 days 1-2 days	4 months 4-6 months 6 months 1-3 months	Refrigerate or freeze leftovers in covered shallow containers within 2 hours after cooking. Reheat leftovers to 165°F.
Soups and stews	vegetable or meat added	32-35	3-4 days	2-3 months	Reheat to at least 165°F before eating.